

Resources for a Healthy Pregnancy Birth & Baby

- www.4icpa.org International Chiropractic Pediatric Association
 - www.bradleybirth.com The Bradley Method of Natural Childbirth: 1 800-4-A-Birth.
 - www.midwives.org American College of Nurse Midwifery:
 - www.icea.org International Childbirth Education Association
 - www.enf.org/~djz/birth/birthindex.html/ On-line Birth Center
 - www.midwiferytoday.com Midwifery Today
 - www.dona.com Doulas of North America:
 - www.lalecheleague.org La Leche League
 - www.healthy.net/CIMS/steps.htm Coalition for Improving Maternity Services
 - www.virtualbirth.com/ Virtual Birth Center
 - www.efn.org/~djz/birth/betterbirth/
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- "A Good Birth A Safe Birth" by Diana Korte & Roberta Scaer the Harvard Common Press Harvard & Boston, MA.
 - "Hands of Love" by Carol Phillips newdawnpublish@cs.com
 - "The Thinking Woman's Guide to a Better Birth" By Henci Goer 1 408 245-1098
 - "Baby Beautiful" Dr. Justine Dobson Heirs Press Oregon www.babybeautiful.com or 800 889 0409
 - "Exercises for Pregnancy" (video) By Dr. Debra Levenson, DC Call 770 754-0037 to order.
 - Mothering Magazine: 505 984-8116.